

COVID-19 Virus | Policy Update | November 8th 2020

This Policy details the standards that are expected of **all individuals** who attend on site at JPS Health & Fitness as of our return to operation effective November 8th ongoing.

Please read below for our updated policy as it relates to attendance on site at JPS until further notice.

COVID-19 POLICY – RETURN TO GYM

- **Signing in on Entry** - All visitors (being non JPS Health & Fitness staff, clients, members, or tenants) to the JPS H&F facility, including the allied health practices, **must complete and sign the Guest Register** at reception before being granted entry/access.
- **20 Person Limit** – Our gym floor area is limited to 20 persons pursuant to the Governments advice and recommendations. If we are at capacity, you will be required to wait outside, with an allowance 1 person per 8sqm.
- **Temperature Checks** – Whilst not mandated by the Government, this will be available on entry to the facility, individuals may be asked for a **hands-free forehead temperature check** by Admin or Staff. If **over 37.5 degrees** will not be permitted entry per the Governments advice.
- **Personal Hygiene Towel** - Anyone who is training on site, **MUST** have a **personal hygiene towel**. If you do not have one, you WILL be refused entry. Your towel must be used where appropriate, in conjunction with the provided anti-bacterial wipes and other sanitiser products provided.
- **Personal Face Mask** – No mask, no entry. Each patron **MUST** wear a mask whilst on site at JPS. Masks may be removed in the case of strenuous activity, however we request that all persons wear their masks as far as reasonably possible at all times.
- **Physical Distancing Practices** – Adhering to the physical distancing requirements, 1.5m distancing from other individuals. In practice this means:
 - o Avoid super-setting,
 - o Avoid sharing equipment,
 - o Avoid spotting or unnecessary touching of others,
 - o Avoiding overcrowding at equipment or given areas on site.
- **International travel** – Any person who has **travelled internationally** will **not be permitted on site for a period of 14 days** from the date of return.
- **COVID Test or Feeling Unwell** - If you or someone you live with or are in close contact with are sick or have been tested (pending result) we ask that you not enter the JPS facility until you are either feeling better, or have received a **negative test result**.
- **Policy Updates** – This policy may be updated from time to time, and it will be communicated to the best of our ability if so. To ensure you don't miss any updates, sign up to our email list.

Please read the below addendum. Sign the Guest Register at reception to confirm compliance with the COVID-19 policy, in conjunction with the JPS Health & Fitness terms and conditions and other relevant policies.

You are deemed to have confirmed compliance if you enter the JPS facility.

- *I have not been overseas in the past 14 days,*
- *I, and the people I am in close contact with, do not have any flu like symptoms and confirm I have been free of such symptoms for at least the past 14 days,*
- *I will exhibit the appropriate hygiene measures described above whilst on site at JPS,*
- *I will adhere to this Policy as required by JPS and the Government.*

As advised by the Government and medical professionals, these measures will be implemented on an ongoing basis until further notice. Updates will be provided where appropriate.

Contact us at hello@jpshealthandfitness.com.au